

# Fall Paper Squishies

Celebrate all things fall by making paper squishies of pumpkins, leaves, and more. Paper squishies are cute destress toys made with paper, tape, markers, and stuffing.





#### Ingredients (Included)

- plain, blank paper
- · packing tape
- · set of markers
- polyfill fiber (stuffing)
- pumpkin and leaf template

#### You Supply:

- scissors or craft knife
- craft cutting mat or protected surface, if using craft knife

#### **Directions:**

- 1. Fold one piece of paper in half.
- 2. Draw and color your pumpkin following the inserted instructions or using the template.
- 3. Cut your pumpkin out. Because your paper is folded, you should end up with two identical shapes.

(If you want the back of the pumpkin squishy to be colored as well, make sure to do it before you start taping. I didn't bother.)





#### Directions, cont...







- 4. Align your two shapes and start covering one side with tape. Make sure the tape goes over the edges. Leave an untaped gap at the bottom. That's where the stuffing will go in.
- 5. Pick up your pumpkin and cut off some of the excess tape. Then, start cutting slits in the tape and folding over the back side of the pumpkin. This will seal the two sides together. Remember to leave it untaped at the bottom!
- 6. Once all the tape has been folded over, turn your pumpkin over and repeat on the back side: cover it with tape, cut slits in the tape, and fold it over the front.

When finished, both sides of the pumpkin should be covered with tape, with the bottom open.

7. Stuff as much as your polyfill fiber in the opening as you want. But don't fill it too tightly, or it won't squish as much.

If you have trouble getting the stuffing through the opening, you can use a pencil or marker to help push it in there. This is helpful to get stuffing into the stem.

8. Then, tape up the opening using the same process as before.

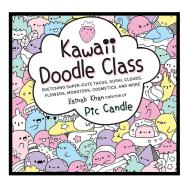




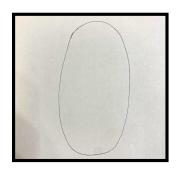
**For the leaf squishy:** Repeat all of the steps to make your leaf squishy. For this one, I suggest leaving part of one side or the top open for stuffing.

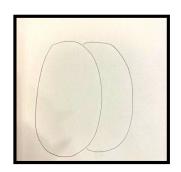
### Want more paper squishies?

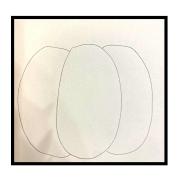
There are tons more tutorials and ideas on YouTube for this popular DIY project! You can also use drawing books to find more ideas, like this one: Kawaii Doodle Class by Zainab Khan.



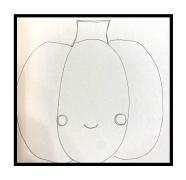
## How to Draw A Pumpkin

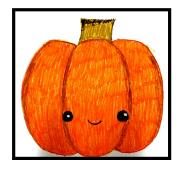












### How to Draw A Leaf

