



Rainbow Friendship Bracelets

Wear your pride! Using colorful yarn and our instructions, make a rainbow chevron friendship bracelet for yourself or a friend.



Ingredients (Included):

- Eight colors of yarn, each 72 inches

You Supply:

- Safety pin (or another way to hold your bracelet while working)
- Scissors

Directions:

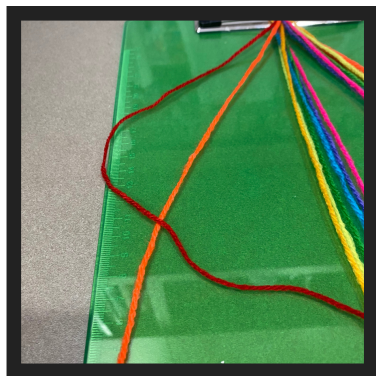
1. For each color, cut a strand 72 inches in length. Fold all strands in half and knot at the top, leaving a loop.

Secure to a table with tape, or to your jeans with a safety pin (I used a small clipboard instead).

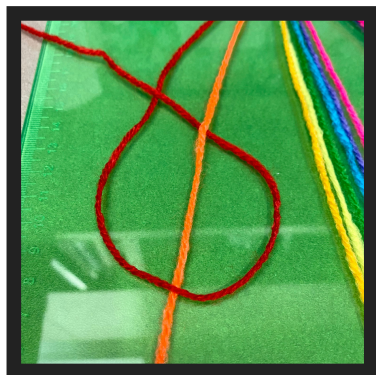


2. Separate the threads into two groups, with one of each color on each side. If you want a Pride bracelet, arrange in rainbow order, but you can choose any order you want.

3. Starting with the left-most thread (the "working" thread) begin with a **forward knot**. Bring the working thread OVER the thread to the right, to make a "4" shape.



4. Then bring the working thread UNDER the thread to the right and up through the loop created by the "4" shape. Pull on the working thread to secure a knot at the top.

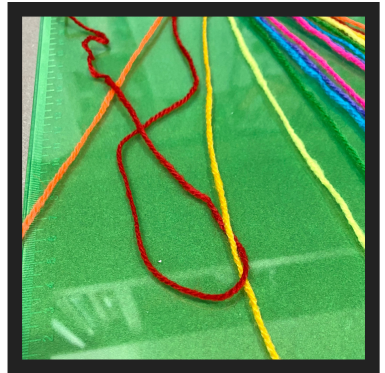


Then, repeat steps 3 & 4 - each forward knot is made up of TWO knots.

You'll end up with a knot at the top, and the working thread moved over one space to the right.

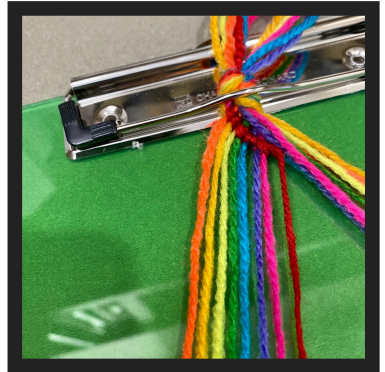


5. Then we'll do the same with the next thread in order. Bring the same working thread OVER the the other thread, then UNDER. Pull to secure the knot at the top and repeat, finishing your next forward knot.



6. Repeat these steps, working a forward knot with the working thread on each thread in the left group.

Try to arrange it so the forward knots move slightly diagonally down to the right to begin forming the chevron design.



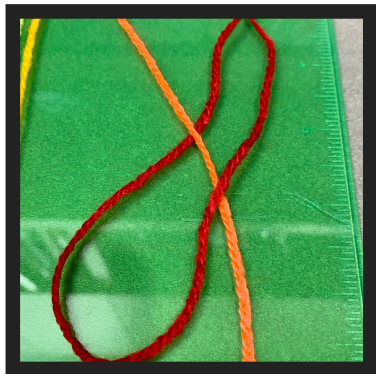
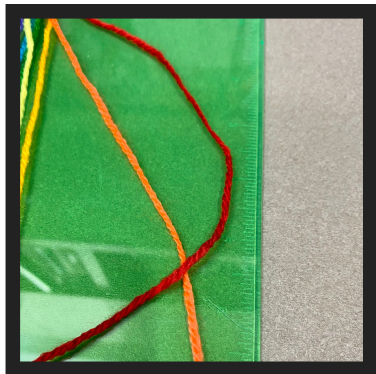
Also, try to keep the tightness of your knots the same. If some are tight and some are loose, the shape of the bracelet may not be even.

The working thread is now all the way over in the middle.

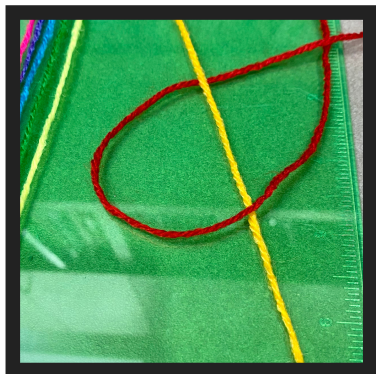


7. Now we'll make the other half of the chevron with some **backward knots**.

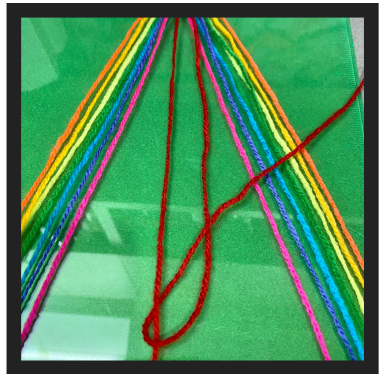
The right-most thread will be the working thread now, and you will work a backward knot on the thread next to it. To do so, make a backward "4" shape with the working thread going OVER the other thread, then UNDER it, and through the loop created by the backward "4" shape. Pull the working thread to secure the knot at the top, then repeat. (Just like before, the backward knot is made up of TWO knots.)



8. Then we'll do the same with the next thread in order. Create a backward "4" shape by bringing the working thread over the other thread, then under, and pulling to secure the knot. Remember to repeat this so you have two knots for each color.

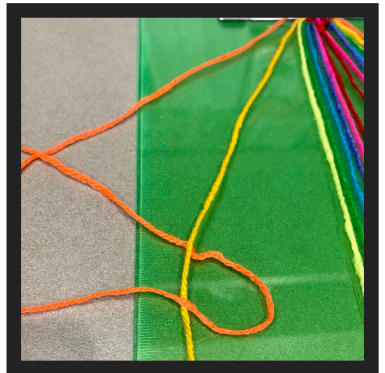


9. Continue, working a backward knot onto each thread in the group until the working threads meet in the middle. Again, try to angle the knots diagonally downward to establish the chevron design.



10. Work a final backward knot using the right thread as the working thread. The first row is complete!

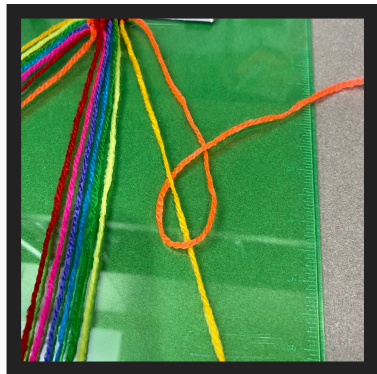
11. Now, you'll want to repeat this whole process for the second row.



The left most thread will become the working thread. Work a forward knot onto the thread next to it, then keep going.

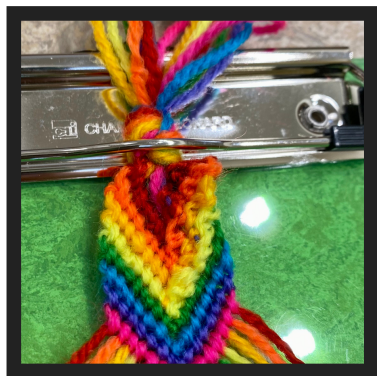
Work a forward knot onto each thread of the left group. It's just a repeat of steps 3-4 for each thread in the series.

12. Then you'll do the right half of the second row, like before. You'll work a backward knot with the right-most thread as the working thread. Work a backward knot onto each thread in the right group until the two working threads meet in the middle.



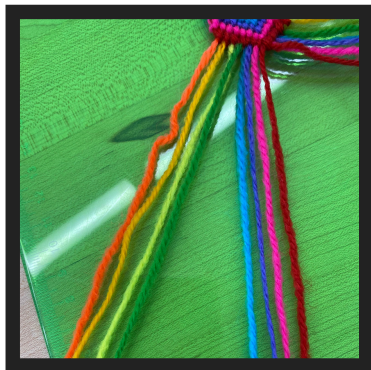
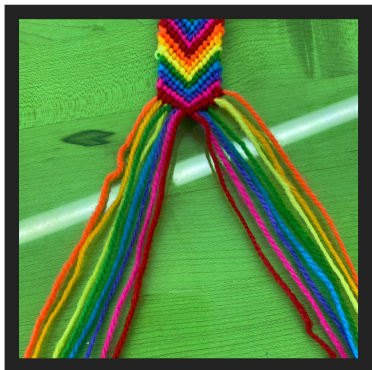
13. Complete the second row by working a final backward knot with the right thread as the working thread, like in Step 9.

14. Continue, working rows starting with the outermost threads until you reach the desired length.

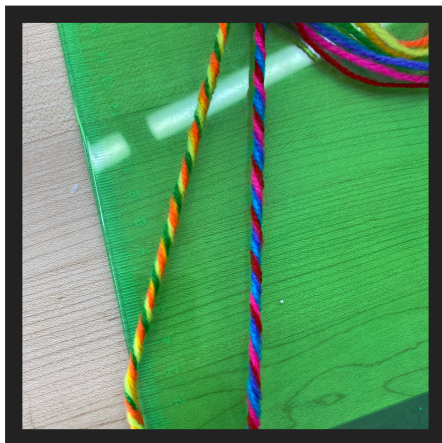


You can see that my right side looks a little funky. That's because I kept forgetting to do the backward knots on the right side, and sometimes did forward knots instead. Remember: it's forward knots on the left side, backward knots on the right side.

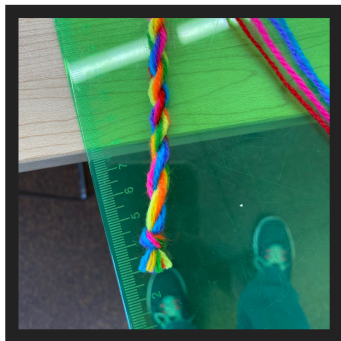
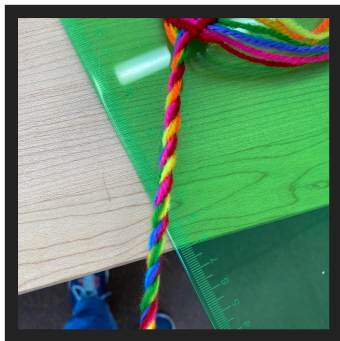
15. Once your bracelet is the length you want, you'll do the second part of the closure. First, separate the threads into two groups like before. Then separate the left group into two groups of four.



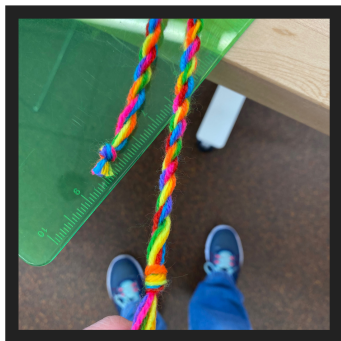
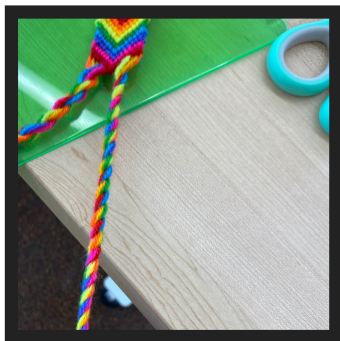
16. Twist both of these groups tightly in the same direction SEPARATELY until the twists begin to kink.



17. Then twist the two groups TOGETHER in the opposite direction to form a two-ply rope. Make the rope about 4-6 inches, then tie off and trim the ends.



18. Repeat these steps on the other side to create the second rope tie. It can be hard to get them even. You can always re-tie the knot higher up, then trim off the end.



You're done!



I didn't design this pattern. I found it free online, and if you're having trouble, look there for some additional pictures of the process:

<https://www.twoofwands.com/blog/pride-bracelets-2019>

Have questions or comments about our Teen Take & Makes? Email me at khutley@wilmettelibrary.info

Proud of your final project? Post a picture and tag @wilmettelibraryteens on Instagram!

