



Cross-Stitch Pendant

Make a pendant that can be turned into a keychain or necklace while learning cross-stitch basics. Several easy patterns included.



Ingredients (Included):

- One square Aida cloth, 2"x2"
- Embroidery floss, one color + a little black
- One cabochon pendant
- One needle
- Sheet of patterns
- Necklace chain

You Supply:

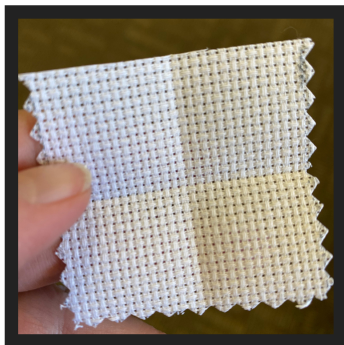
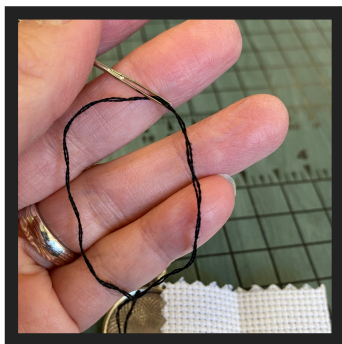
- Glue
- Scissors
- 2"x2" square thin cardboard (from a cereal box is best)

Embroidery floss comes with 6 strands all together. For this project, you'll need only two strands. Watch this video from Wild Olive to see how: https://youtu.be/8y-5-T-fcdE?si=d_OpY9I5uRQrmDFo

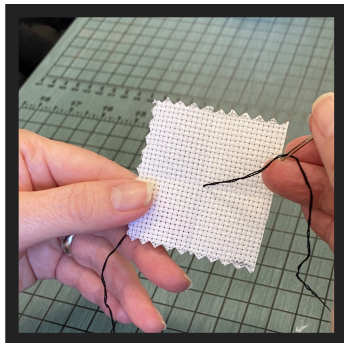
Step One: Choose one of the patterns to work with.

Step Two: Separate out two strands from your embroidery floss and thread your needle. Do not tie a knot at one end.

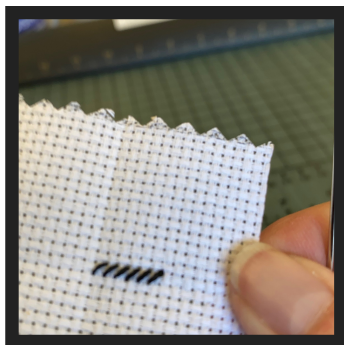
Step Three: Find the middle of the Aida cloth. Fold it length-wise, then width-wise. Unfold. The middle will be at the intersection of the two folds. Next, find the middle of your pattern. That's where you'll begin stitching.



Step Four: In the middle of the Aida, push your threaded needle through a hole in the cloth from the bottom, up. Leave about a half inch of embroidery floss trailing. Hold the trailing end at the back of the cloth until you have secured it with stitches.

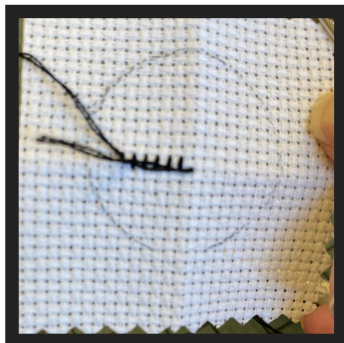


Step Five: Working from left to right, stitch from the bottom left corner to the top right corner of each square. Stitch until the row is completed, according to your pattern.



To secure a trailing end, as you stitch, make sure your stitches cover the thread.

When your row is completed, cross your stitches. Working from right to left, stitch from the bottom right corner to the top left corner of each square. This creates the x's that make up cross-stitch.



Step Six: Continue stitching one row at a time, per your pattern. I completed this spider pattern in quadrants starting from the middle.

You can also work top to bottom instead of left to right in some patterns. The important thing is to always count your stitches from the middle and to make sure your stitches always go in the same direction.

Eventually, you will start to run out of thread. To end a thread, leave enough embroidery floss to pass the needle through the back of your stitches. Cut away excess thread.

Then, re-thread your needle with two more strands of floss and start where you left off.

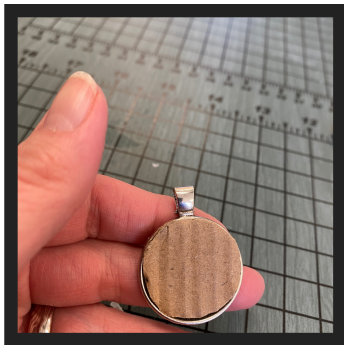


Watch this video to see how to end a thread:

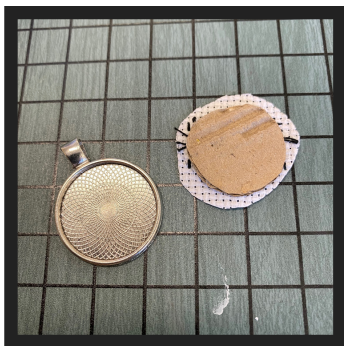
[https://youtu.be/1l6mSYbuqz0?](https://youtu.be/1l6mSYbuqz0?si=1FHjkyo46JLJPlaz)
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Step Seven: When you're done stitching, you can iron your piece it seems too lined or bumpy. If you do, iron the fabric on the backside.

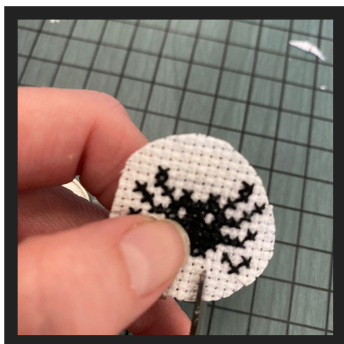
Step Eight: Now we'll work on the necklace. Trace the cabochon pendant onto your cardboard to get a circle. Cut it out inside the lines to make sure it fits into the pendant. Trim it if it is sticking out. (I tried this first with regular cardboard, which was very thick. Thin cardboard, like from a cereal box, will be better.)



Step Nine: Glue the cardboard onto the back of the Aida cloth, centering the design. Let it dry. Then cut off the excess Aida cloth, leaving about 1/4 inch of fabric past the cardboard. (I cut too much away in my sample, so make sure to leave enough excess!)

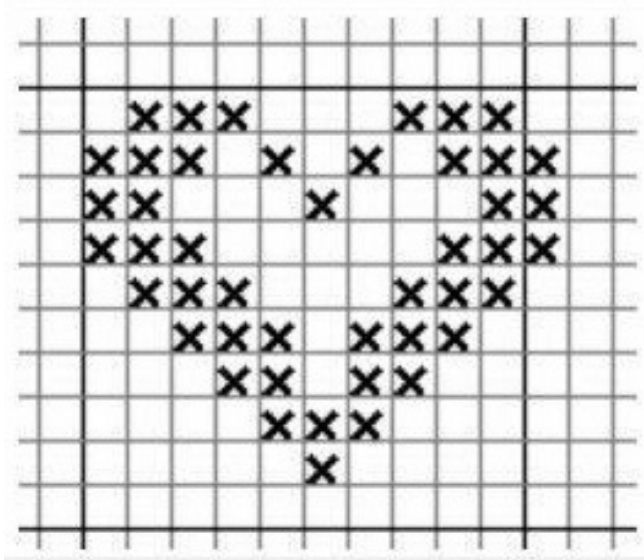


Step Nine: Cut the remaining Aida cloth with vertical slits to help fold it over the cardboard backing. Fold the fabric over the backing and secure with glue. Let dry.

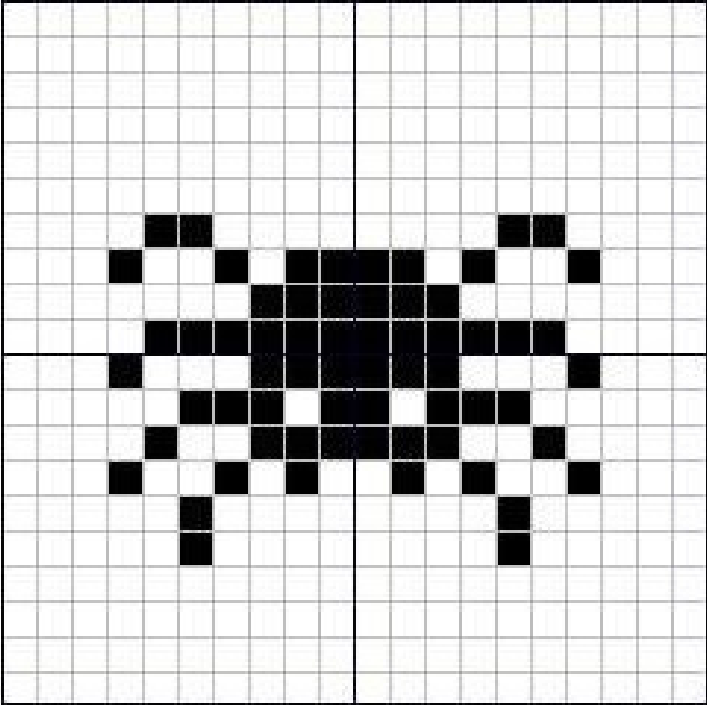


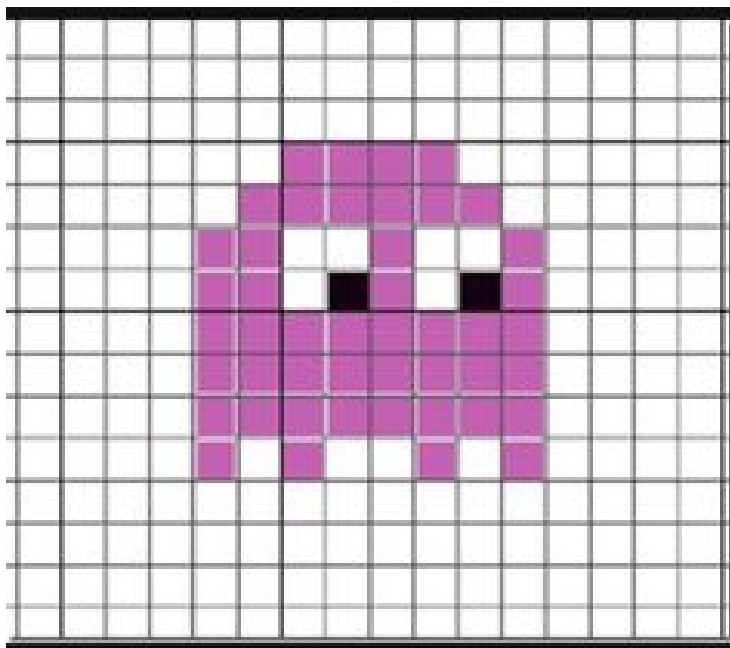
Step Ten: Glue the cross-stich into the cabochon backing. If you have access to a hot glue gun, this will work best and be most secure, but other glues will work as well. Make sure to let dry.

Step Eleven: Thread the pendant onto the necklace chain. Or, attach it to a keychain or zipper pull, anywhere you want!

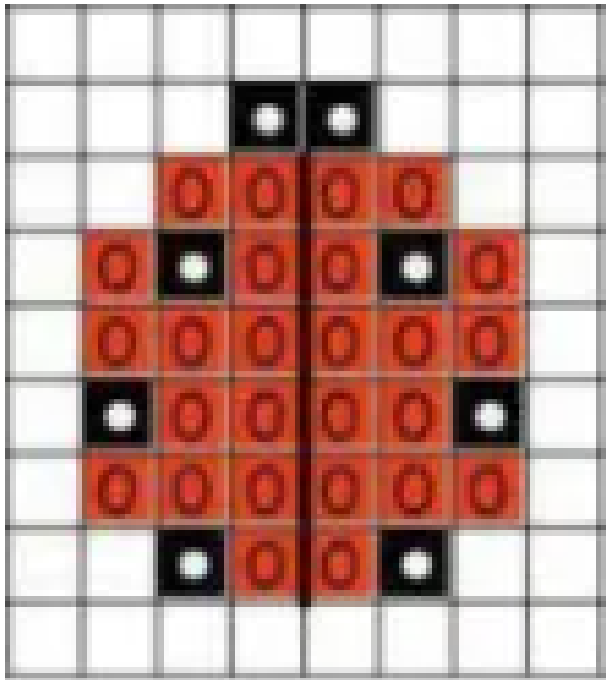


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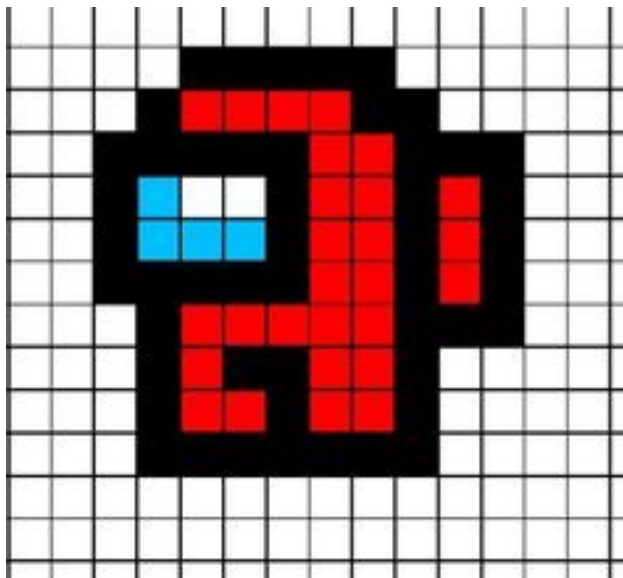




Do all the colored stitches first, leaving space for the black stitches, which you will do second.



This one is a bit more complicated because you have to alternate two colors. Do all the red stitches first, leaving space for the black stitches, which you will do second.



Do all the red stitches first, leaving space for the black stitches, that outline the figure, which you will do second. Where the blue and white stitches are, leave blank, unless you'd like to add those colors on your own. It will still look like the visor if left white.