

# teen take & make

[maker kit]  
wilmette public library

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## Stress Pet

School is about to start and you may be feeling stressed. Cuddle up with this cute, fluffy creature and remember, you've got this.



Have questions or comments about our Teen Take & Makes? Email me at [khutley@wilmettelibrary.info](mailto:khutley@wilmettelibrary.info). Proud of your final product? Post a picture and tag [@wilmettelibraryteens](https://www.instagram.com/wilmettelibraryteens) on Instagram!

## **Ingredients (Included):**

- 2 pieces faux fur fabric
- container polly pellets
- needle and white thread
- 2 safety eyes with backings

## **You Supply:**

- scissors
- glue (optional)
- fabric

This faux fur fabric is really cute but it does get everywhere. Have a lint roller or big piece of tape nearby to help clean up the fluff when it comes off. There should still be plenty of fur on your actual stress pet even with shedding.

1. Choose one of the faux fur pieces and decide where you want to place the eyes. It may be easiest to make a small dot with a Sharpie on the non-fur side to mark where you want them.



2. Use the sharp point of a pair of scissors or x-acto knife (carefully) to make a small hole through the fabric, and then push the safety eye through. Put the washer on the eye (rounded side up) once you're sure the eye is where you want it. It's difficult to remove the washer once it's on.



3. Stack the two pieces of fabric together so the fur is on the inside, and using a running stitch, sew together three and a half sides. Leave half of the fourth side open so that you can add the pellets.

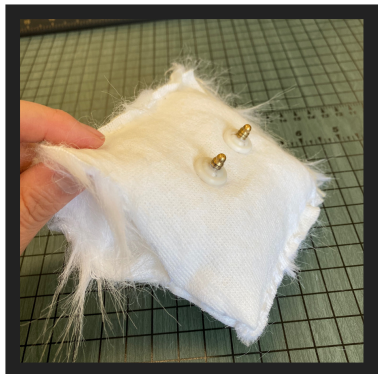
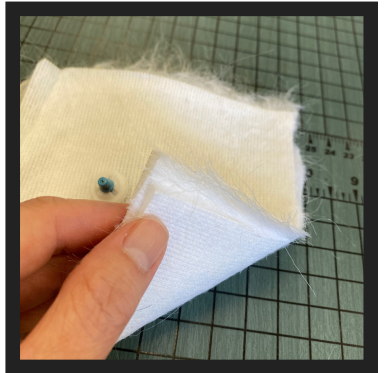
### **Stitch Tutorial: Running Stitch**

Check out this video from Red Ted Art to see this basic stitch in action:

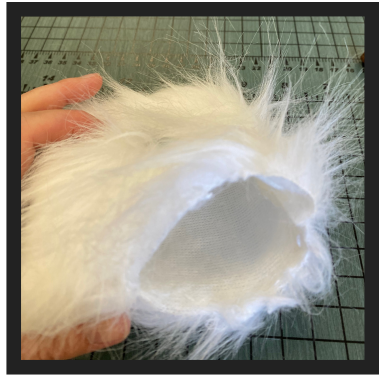
<https://youtu.be/i1-B01FB56s>

Stitching the pet with the fur on the inside means that your stitches will be hidden when the pet is turned rightside out!

Make your stitches small and neat, as close to the edges as possible, otherwise the pellets could fall out when you fill your stress pet.



4. Using the section you left open, flip the pet to the correct side. The fur side with the eyes should now be facing out. You can use the eraser side of a pencil or a chopstick to push out the corners if they get stuck.



5. Fill the pet with the pellets, using a spoon or a funnel. You can even make a funnel out of a piece of paper if needed. Don't overfill the pet -- you will need a little space left.



6. Sew the final opening closed with another running stitch or if you want to really hide your stitches, using the slip stitch, and tie off the knot.

Check out this video from Made to Sew to see a great way of using the slip stitch and hiding your final knot:

<https://youtu.be/K3fFHV6r9Ow>

**Enjoy your stress pet!**

